PV Patient tells of her "Roller Coaster Ride with Pemphigus" in Derm PA Journal

One of the most challenging tasks the IPPF (and all rare-disease organizations) faces is addressing the issue of mis-diagnosis -- how to educate and inform over 8,000 dermatologists in the United States alone, the vast majority of whom will never see a case of P/P. Especially when the doctors who actually treat medical patients (and don't just do plastic surgery) are so challenged with complex medical cases and little time for appointments -- much less an opportunity to read letters or brochures after needing to scan medical journals, online and in print.

But members of your community are working to reach medical practitioners and get the word out. Take Miki, for example. Many of you know Miki from the email discussion group, always ready with a story filled with wry humor, but did you know she is working from her armchair to get the word out on P/P?

Miki wrote and contributed an article to the Journal of Dermatology Physician Assistants (JDPA) letting them know about the signs, symptoms and urgency of getting PV diagnosed quickly (see Miki's full article at http://www.jdpa.org/current.html).

The JDPA is the journal that reaches out to a majority of practicing dermatology PAs as well as other healthcare professionals including nurse practitioners. A paper version of the Journal is mailed to over 1,700 PA's nationwide as well as to pharmaceutical industry members and dermatologists and the entire board of the American Academy of Dermatology (AAD) and the American Academy of PAs (AAPA). Finally, this article will be archived online and whenever someone Googles "pemphigus" they will be able to read more about our disease.

In addition to allowing the IPPF to share information with dermatologists across the country, the JDPA also was generous in supporting the IPPF with a corresponding invitation/promotion...
As you read this issue I’m sure that you will be as amazed as I am about all the ways that members of the community reach out to serve others. This is the Support Issue, our time to highlight, thank and congratulate people and projects that help individuals; support community groups; advocate with doctors; dentists and nurses; do research and write articles; work to get insurance or medical care coverage; serve on our Boards; present at meetings; write grants; throw teas, BBQ’s or events to raise money; or offer an open heart, warm shoulder, or understanding ear to others in need.

I was working with one of our Peer Health Coaches (see Susan’s story on page 7 for more info) the other day, who shared with me how she has been driven to contribute to change the experience of the next newly diagnosed patient and, in the process found what so many of you speak of -- a powerful way to make a difference, to take your challenging experiences and use them to expand compassion and insist on better options for everyone. Your peers share this determination, and give of their time and talents in so many ways. Read over the great Awareness Building Campaign featuring Miki who has spread the word to over 1,700 Dermatology Physician Assistants around the US! Every talent can be used to help others.

We’ve been working on planning the Annual Meeting these last few months, (more at www.pemphigus.org/2010am) it’s like planning a family reunion, looking forward to seeing old friends and excited to embrace the newcomers with the warmth of this community. Many of you will be delighted to see Janet, our Founder, Dr. Razzaque Ahmed from Boston, your Peer Health Coaches (PHC), members of our Board and Medical Board, your favorite doctors, our resource partners and Will, at another (or your first) Annual Meeting.

This year there will be topic-specific breakouts and a “track” for people interested in finding out more about becoming a PHC. Those interested can email Marc Yale (see Marc’s article on page 9) to indicate your interest in participating in the Peer Coach Track. We also have added, per your feedback, more Q&A sessions and more time to gather and connect. It is important for everyone in this community that you come, share your wisdom, show our power, and laugh, cry and connect with this amazing group. You’ll be glad you did, I certainly am!

Blessings,

Molly

“I like the fact that it is non-greasy and smells good. It also seems to help with the healing process.”

Melissa (actual PV patient)
### Events & Happenings

<table>
<thead>
<tr>
<th>MARCH</th>
<th>5-9</th>
<th>American Academy of Dermatology (AAD) Annual Meeting (Miami, FL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>APRIL-MAY</td>
<td>30-2</td>
<td>IPPF Annual Meeting (Philadelphia, PA)</td>
</tr>
<tr>
<td>MAY</td>
<td>5-8</td>
<td>Society for Investigative Dermatology (SID) Annual Meeting (Atlanta, GA)</td>
</tr>
<tr>
<td>AUGUST</td>
<td>4-8</td>
<td>American Academy of Dermatology (AAD) Summer Meeting (TBD)</td>
</tr>
<tr>
<td>SEPTEMBER</td>
<td>27-29</td>
<td>Centric Health Resources’ Ultra Orphan Conference (St Louis, MO)</td>
</tr>
<tr>
<td>NOVEMBER</td>
<td>5-6</td>
<td>Pemphigus &amp; Pemphigoid: From Bench to Bedside (medical professionals only) (Bethesda, MD)</td>
</tr>
</tbody>
</table>

### Thank You to our Supporters!

The following people made donations in November-December 2009 (that were doubled thanks to the Double the Difference Matching Gift Campaign) and in January 2010.

You can donate at any time by visiting [www.pemphigus.org/donate](http://www.pemphigus.org/donate).

*We apologize for any omissions.*
"She was wonderful" Betty MacGregor 1943-2010
Betty MacGregor possessed both a soft, gentleness and a steel hard core, unfailing in her care of others...

Anthem Blue Cross to Raise Rates in California
California’s largest for-profit health insurer is moving to dramatically raise rates for customers...

Aging: Higher Co-Payments Tied to Costlier Care
When Medicare plans raise co-payments for outpatient care, older people cut back on doctors’ visits...

Will Consumers Pay Out-Of-Pocket For Online Healthcare?
If you suspect your extra-cranky baby has an ear infection on a Saturday afternoon, but his doctor isn’t back in the office till Monday, a walk-in clinic—like the kind springing up in places such as retail pharmacy chains—can be a convenient place to get the ear checked. But if it’s the middle of the night, what do you do?
Starting in late 2009, consumers will be able to hook up with physicians and other clinicians online any time of day via two-way video, webcam, secure chat, or phone. An alliance between American Well, which provides a secure online health marketplace, and OptumHealth, a subsidiary of UnitedHealth, is setting the stage for a nationwide, 24-by-7 telemedicine service that links consumers with healthcare professionals in their states.
Over the last couple of years, a number of retailers have begun opening these walk-in clinics, including CVS, Wal-Mart and store

SAMPLE STORY
If you do not have Internet access and would like a copy of one of the stories, please contact Will at 916-922-1298 x1003 and he would be glad to send you a copy. Please provide the title of the article you would like, your name, mailing address, and phone number where we can contact you.
for our Annual Meeting in Philadelphia. We expect to have the opportunity to deeply educate these PA’s with medical info and patient concerns at the meeting.

In 2010, the IPPF will continue this awareness building activity with articles for the Journal drafted by our Medical Advisory Board directed to dermatology practitioners -- sharing info and inspiring them to get involved in spreading awareness. Miki opened the door to the possibility that many THOUSANDS more dermatologist’s staff will consider P/P as a possible diagnosis and have resources to help patients consider options and get effective treatments. Give Miki a hug (she loves them) in person or by email, when you have the chance!

Dr. Steven K. Shama* made comments alongside Miki’s article encouraging his dermatology peers to educate general medical practitioners that pemphigus and pemphigoid experts are available to diagnose and treat disorders of the skin, hair, nails, and most mucous membranes, to remember the importance and power of touch, and to make sure doctors have P/P expertise.

The IPPF encourages any medical professional to contact us and we can put them in touch with pemphigus and pemphigoid experts. It was the IPPF support network who actually gave the name of dermatology specialist, Dr. Grant Anhalt (IPPF Medical Advisory Board member and part of the inspiration and motivation to start the IPPF), to help Miki and many others just like her.

The IPPF has listings of referral doctors available online in the IPPF Community (community.pemphigus.org) that are updated monthly and can be downloaded/printed out. If you know of a doctor not on our list, but you think should be, fill out a short form at http://ippf.referrals.sgizmo.com so we can add them to our list.

* Dr. Shama is on the teaching staff of Harvard Medical School and has been an actively practicing dermatologist since 1981. A highly regarded physician and lecturer, Dr. Shama has presented more than 100 of his insightful workshops to medical professionals throughout the United States.

---

“I have had to give up my ‘normal’ life, but it hasn’t stopped me from getting a new one.”

- Miki Pangburn
Part of the training in most psychology doctoral programs involves going through your own personal therapy or analysis. There are two main reasons for this: 1) It is important for psychologists to truly understand themselves in every way, especially to recognize issues if they occur when doing therapy, and 2) to experience being on the “other” side of therapy and to experience personally that asking for help from a professional is not a sign of weakness.

Everyone does need support and a supportive network. This does not mean you are weak, but that you are human. People really do need people, as the song goes. This is true whether or not you have, or know, or care for a person with chronic illness. There are, however, differences in the amount and kinds of support people need — and the kinds of support people are able and willing to provide.

Back in the early part of the 20th century a psychologist (Sullivan) stated that children would be okay if they had just one good friend by age 11 or 12. More than one friend was fine, but only one was/is necessary. The kind of support system the patient already has is a very important factor. Do you already have the support of someone you can count on? Not everyone needs to see a professional counselor, social worker, therapist, psychologist or psychiatrist.

How does someone know when they need support or what kind of support they need? How does someone know how to ask for support or help or how to offer it when someone else needs support? There are no blanket answers here, because even with universal human needs, there are innumerable individual differences in people.

When I received my own diagnosis of Pemphigus I did what I would tell anyone to do: I consulted with a professional, and over the years I have checked in every couple of years to make sure I have an objective perspective. Sometimes it feels like jumping through hoops (e.g., just trying to get to the right doctor or treatment), and sometimes it feels like leaping through “flaming” hoops (e.g., trying to get insurance coverage, etc.). When running the Pittsburgh P/P support group, I realized that for many/most patients it is most important to reach out when they had their worst symptoms.

How a person will react/respond to the illness depends on many factors. If you find yourself isolating yourself, tearful much of the time, feeling helpless or hopeless, not enjoying things previously enjoyed or having sleep difficulties (difficulty falling asleep, difficulty staying asleep, or early morning awakening) those are some indicators that at the very least a professional consult may be critical for the best quality life under what may be extremely difficult conditions.

My belief is that everyone is entitled to feel the best they can under even extraordinary conditions. Sometimes this involves prescriptions of psychotropic medications, psychotherapy, or some combination of both. Some people have a need to discuss very personal and difficult subjects on a regular basis and later need only “booster” checkup appointments. (I am available for emails and phone calls) There is no right answer.

Also, support can come from asking someone to help with basic activities like grocery shopping, cooking or laundry. Some people are better at support through doing, rather than being (there for you).

The IPPF and other groups provide a special kind of connection (a “common bond”) for people (and caregivers) with these illnesses, and innumerable personal relationships and precious friendships have been formed over the years. In many cities and other countries local groups have existed for more than a decade! Kudos to those who are running groups and to those who are in remission and continue to be active in the P/P community.

At the upcoming Annual Meeting in Philadelphia, PA at the end of April, 2010, I look forward to meeting and talking to as many of you as I can. The meeting includes support in the form of information, access to the world’s leading doctors in P/P, and the connection with others. There will be opportunities for breakout sessions tailored to your interests, and do share any suggestions about other topics which may be helpful in the future.

Think about ways you may be able to enlarge your own support systems or reach out to others who may be having difficulties. In the meantime, remember Frank Sinatra’s mantra: DO BE DO BE DO BE DO!

Validation of the Human Need for Support

Dr. Terry Wolinsky-McDonald is a licensed clinical psychologist in the Pittsburgh, PA area. She is a member of the IPPF Board of Directors and frequent contributor to the Quarterly. Her articles focus on the psychological aspects of living with P/P in patients, caregivers, and family members.
Sharing Your Data; Giving the Gift of a Better Life

by Susan Gonzales-Thomas
Pemphigus Vulgaris (2006)
IPPF Peer Health Coach

If anyone would have told me four years ago that I would be writing this narrative, I would not have believed them. My name is Susan Gonzales and I was diagnosed with pemphigus vulgaris (PV) in February of 2006. I was so sick by the time of this diagnosis and my feeling of despair and hopelessness was overwhelming. This PV diagnosis, as frightening as it was, was welcome as I had bounced from doctor to doctor and had test after test, for eight months with no answers as to what was happening to me.

Finally, a new group of doctors put a name to this disease that was attacking my body. A disease whose name was as frightening as the lesions that covered my throat, the inside of my mouth and had now begun on my lips. As I look back, it was much easier to deal with this disease when the lesions were confined to my throat and mouth. Being in outside sales, on a day when I could muster enough strength to meet with a client, they may have suspected that I did not feel well, but never knew why. But, a new level of anxiety overcame me when the lesions began appeared on my lips. The looks and stares from people were hurtful. I just wanted to hide.

In my darkest moments with this disease, talking about this with anyone other than my doctors and my close family, made this disease too real for me, pushing these thoughts away, even though if only for short periods of time allowed me to feel as if I were “normal”. That is until I looked in the mirror and saw the lesions on my lips and in my mouth, then I would quickly be brought back to reality.

Until this I had been healthy all of my life and a person very much in control of every aspect of my life, that is why this disease not only devastated me physically, but mentally as well. This was something that I just had no control over. Then be given the news that this disease was very rare, not curable and that I would most likely be on some form of medication for the rest of my life, was almost more than I could handle. I had gone from this very independent, strong woman, who was always the rock for everyone else, to a sick and dependent person in just eight months. I didn’t know this person who was so ready to just quit and give in to this disease. I had never been a quitter in my life and for the first time I was giving up. The feeling of isolation and despair was overwhelming.

...the most important contribution that I feel that I can give is to share my medical information...

Fortunately, the prednisone “kicked in” quickly for me and although I physically still looked sick, it felt so good to feel good and my mind began to heal as well. There were setbacks along the way, which seemed to pull me back into the self pity phase, but after my doctors determined the best mix of medications for me I continued to get healthier each day. That’s when the anger began to set in and then the determination that I was not going to let this disease win. It has been a long journey to get to the place where I am today, and I know now that what I have experienced has been experienced by many of my pemphigus and pemphigoid peers as well.

I am a firm believer that everything happens for a reason and that something good comes from some of the darkest times in our lives. It has for me. As I reflect on the many people that I have connected with as a result of this disease, I feel blessed. We all share a common bond that sustains me on a daily basis.

I also believe that it is my turn to now give back to others who share my disease. Sharing my story in hopes that it will help someone who is struggling in their Journey -- sharing my story lets others know that there is hope and that we can live a productive life in spite of this disease.

For me the most important contribution that I feel that I can give is to share my medical information, by participating in the Health Management Program and the Data Registry. Documenting my medical data and my progress will help support future research and assist in developing the best practices for treatment of these diseases. It is only through research that a path will be paved for pemphigus and pemphigoid solutions/treatments and this will help future patients obtain the treatments that are so desperately needed for them.

If I have any reservations about sharing my medical data, I only have to take myself back to February of 2006 and remember how sick I was and know that if by sharing this information will make it easier for one future P/P peer to obtain a quicker diagnosis and or better treatment options, than I will do this willingly.

We are a small community, but together, we can make a difference for future generations of patients. I ask you to please consider joining me in helping these future P/P patients. Let’s arm doctors and researchers with the data and the information that will hopefully one day lead to a cure for our diseases. Wouldn’t this be a wonderful gift to give?
GUEST SPEAKERS INCLUDE

Victoria Werth, MD
University of Pennsylvania

John Stanley, MD
University of Pennsylvania

Aimee Payne, MD, PhD
University of Pennsylvania

Nicole Fett, MD
University of Pennsylvania

John Kempen, MD, PhD
University of Pennsylvania

Grant Anhalt, MD
John-Hopkins University

Animesh Sinha, MD, PhD
Michigan State University

David Sirois, DMD, PhD
New York University

Razzaque Ahmed, MD
Harvard University

and many others!

FRIDAY, APRIL 30 - SUNDAY, MAY 2
SHERATON SOCIETY HILL HOTEL
PHILADELPHIA, PENNSYLVANIA

Register Today

www.pemphigus.org/2010am
or call (916) 922-1298
Peer Health Coaches: Trained and Inspired to Make a Difference in the Lives of Others

by Marc Yale
Bullous Pemphigoid (2007)
IPPF Certified Peer Health Coach
‘yalesurfer’ on the IPPF Community

After being diagnosed in August 2007 with Bullous Pemphigoid (BP), I wondered what I could do to help others who were suffering with this disease. I felt that there had to be something that I could do to help. I became as educated as I could about the disease, I became active on the “Community” website (community.pemphigus.org) and I learned how to manage my disease. Then, the IPPF gave me an opportunity to help out as a “Certified Peer Health Coach” (PHC).

At this year’s Annual Meeting in Philadelphia, you will have many opportunities to make a difference in the lives of others who suffer from our disease by learning about, and considering becoming an IPPF Peer Health Coach.

This program matches Coaches with participants who will benefit from support. I will be conducting and hosting three, one-hour PHC sessions to help you learn about, and consider participating in, this crucial program.

As our community continues to grow, so does both the IPPF’s Peer Support and Health Management Programs. The IPPF’s Health Management Program was developed to help new and existing patients diagnosed with Pemphigus/Pemphigoid manage some of the challenges of the disease. As a bonus, the data collected helps doctors and scientists to get a better understanding of the disease and treatment outcomes through research questions.

The Health Management Program improves our understanding of the disorder, improves treatment, improves communication with healthcare providers, and give people an opportunity to find an educated, experienced and non-judgmental outlet to share experiences, and to learn how others are managing the disease.

If you would like to learn more about becoming a Certified Peer Health Coach, please contact me at 916-922-1298 extension 1006, or you can email me at marc@pemphigus.org to get started.

Marc Yale is a Certified Peer Health Coach for the IPPF working to better the lives of patients around the world.
Most people first come to the Annual Meeting when they are in the worst throes or the early stages of these diseases, in pain, angry, alone and uncertain. Most leave having met many, many folks who are in "remission," that magical word, (see inspiring stories of remission at http://www.pemphinremission.com), who are filled with laughter, joy, passion, gratitude and yes, a "moon-face" or two. How can two days in a hotel ballroom alter the lives of so many so fast, over and over again each year?

For people to move through this transition from newly diagnosed to capable advocates for their own health and well-being they need quality information, a sense of hope, and the support of others who understand where they are, and where they can get to.

The quality information comes from the leading doctors in P/P both in the lab and in the office, or what we call "bench to bedside". At the Annual Meeting you will hear presentations from experts in oral medicine, new research findings and medicine advances. Not to mention the super-practical advice from you peers on how to soothe the pain and the worry.

The most gratifying results of the meeting are the sense of hope that blooms in the new folks when they see rooms full of laughing, hugging, perfectly "normal" folks. Most people do get through the major suffering that comes early on, many get off drugs entirely and all demand and receive better care after being armed with information, advice and even Peer Health Coaches (read Marc’s article on page 7) to help them advocate for their own best care.

Finally, getting together with others gives voice to the larger needs of this community. More awareness in the medical community to avoid long diagnostic delays (see Miki’s story on our front cover); sharing data in the patient Registry (see story on page 13) to support drug research and best practices in treatment plans; talking with Board members about how you can serve others or needs you see that you can help address; and most often shared: the sense of purpose that comes along with taking such a challenge as P/P and turning it into a way to provide meaning and support to others who come after.

Who wouldn't want to be a better informed, healthier, stronger patient that can make a difference for others?
The IPPF continues to grow and reach out to new members world-wide.

Our Community Forums include areas for pemphigus, pemphigoid, pets, people under 30, Spanish speakers, and more!

Our Facebook page has almost 150 fans! Search for us (International Pemphigus & Pemphigoid Foundation) or visit http://tinyurl.com/ippf-facebook!

People from all over the world are creating sites online to help them connect with others. On Facebook alone there are 5 or so pages where pemphigus and pemphigoid patients are interacting.

No matter where you go, you have the opportunity meet with our ever expanding circle of friends - friends with a common hope and an uncommon bond!

Numbers Don't Lie!

PHC - Peer Health Coaches
Cases - Requests for help to the IPPF
Activities - Everything from emails to phone calls to patient interactions made by the IPPF.
Forum Visits - Over 90 people are looking at the forums each month.
Double the Difference Rate - During 2009 we were able to reach 63% of our $200,000 Matching Gift campaign.
Active NL Subscribers - Number of people receiving the printed NL.
Website Traffic Pages Viewed - Over 150,000 pages were looked on our Informational Site (pemphigus.org). We anticipate over 500,000 page views for all our sites in 2010.
Our Commitment - We work day in and day out, sometimes after hours and on weekends, to provide the support P/P patients and their families deserve!
Imagine.

Soothed Skin. Comfort. Relief.

Relieves symptoms ranging from redness and itching to inflammation and blisters
Does not contain steroids or cortisone
Use daily on your entire body, not just on the areas that are currently affected
Please see reverse for important information
Visit AlwynCream.com to place an order.

*Enter IPPF as a promotional code and a portion of your purchase will be contributed by Alwyn to support IPPF.*

Alwyn Company, Inc.
P.O. Box 940
Mankato, MN 56002
(866) 699-2200
AlwynCream.com

Alwyn Cream is for the symptomatic relief of red, sore or irritated skin. Alwyn Cream has not been approved by the FDA as a treatment for pemphigus or pemphigoid.
At the Annual Meeting, attendees will have the opportunity to enter their data into the registry! We are determined to get a minimum of 1000 (plus a few to spare) "data-sets". We need 1000 disease history/medication experiences recorded so that the numbers are (statistically) significant to define treatment opportunities.

This data will be used when our Medical Advisory Board (MAB) and P/P experts from around the world gather at the NIH in the Fall of 2010 to define consensus and advise on protocols.

Now, all this data collection will be gathered in an online survey -- no phone calls, no appointments (unless you want), just log in, enter your meds, improvements and flares -- at midnight, in your pajamas, on your cell phone, whatever works for you. We appreciate what you contribute to helping everyone have access to better treatments!

INTERNATIONAL LINKS TO SUPPORT

CANADIAN PEMPHIGUS AND PEMPHIGOID FOUNDATION (CPPF)
http://www.pemphigus.ca
AUSTRALASIAN BLISTERING DISEASE FOUNDATION (ABDF)
ASSOCIATION PEMPHIGUS - PEMPHIGOÏDE FRANCE (APPF)
http://www.pemphigus.asso.fr/
ASSOCIAZIONE NAZIONALE PEMFIGO/PEMFIGOIDE ITALY (ANPPI)
http://www.pemfigo.it
NETWERK NEDERLAND VOOR PEMPHIGUS EN PEMFIGOÏD (NNPP)
http://www.pemphigus.nl/
PEM FRIENDS (UK)
http://www.pemfriends.co.uk
SPANISH FACEBOOK GROUP
http://tinyurl.com/ippf-facebook-es

If you have a group you let us know so we can help spread the word!
Step back in time to colonial Philadelphia at the Sheraton Society Hill Hotel. Create memories with loved ones as you stroll along cobblestone streets and visit America’s most historic square mile, which includes such sites as Independence Hall and the Liberty Bell, just four blocks away.

After a busy day, wind down in their indoor heated swimming pool or whirlpool. They even offer an on-site fitness center! Join the IPPF in one of their 365 guest rooms and suites and sleep easy in the celebrated “ahhhhh” of the Sheraton Sweet Sleeper® Bed. Plus, you can stay connected while away with wireless High Speed Internet Access in all guest rooms, public areas, and the lobby.

Whether you’re flying in from the Philadelphia International Airport or pulling into Amtrak’s 30th Street Station, the hotel is easy to get to. You’ll be greeted with a smile and reassurance that your time spent here for business or pleasure is worth it.

Enjoy a stay you’ll always remember during our Annual Meeting at the Sheraton Society Hill Hotel!

**MAKE YOUR RESERVATIONS TODAY!**

The IPPF has blocked rooms at the Sheraton Society Hill Hotel with a special room rate of $129/night (single or double). That’s a savings of nearly $60 off their regular rate!

You must make your reservation using our room rate BEFORE March 31, 2010. You can reserve afterwards, but on an as available basis.

Reservations can be made by calling 1-800-325-3535 or visiting the IPPF/Sheraton Website (http://tinyurl.com/ippf-2010am-hotel-register). If you are calling, please inform the agent you are attending the IPPF Annual Meeting in order to get our preferred room rate (if you are reserving online, our link will ensure you get our preferred room rate).

*Guests are responsible for their own reservation, applicable taxes, and additional charges. Rates subject to change without notice.*

**Hotel Address and Information**

Sheraton Society Hill Hotel
One Dock St
Philadelphia, PA 19106
Hotel Info: http://tinyurl.com/ippf-2010am-hotel
To Register at the Hotel Online: http://tinyurl.com/ippf-2010am-hotel-register
Hotel Telephone Questions and Registration: 1 800 325 3535

**CALL 800-325-3535**

Inform the agent you are attending the IPPF Annual Meeting

**I WANT THE IPPF QUARTERLY DELIVERED TO MY DOOR!**

Get the latest information on pemphigus and pemphigoid!

Copy or cut out this form, print clearly, and return with your donation to:

IPPF • 2701 Cottage Way #16 • Sacramento CA 95825

☐ I have enclosed my tax-deductible donation of $50.00.
☐ I have my enclosed my tax-deductible donation of $_______.
☐ Please charge $_______ each month for ____ months for a tax-deductible donation of $_______.

Payment (Do not send cash): ☐ Check ☐ Visa ☐ MasterCard
Card #: __ __ __ __ - __ __ __ __ - __ __ __ __ - __ __ __ __ Expiration Date: __ / __
Signature (REQUIRED):
Printed Name: ___________________________ Date: __________
Address: __________________________________________
City: ___________________________ Tel: __________________
State/Province: ___________ Postal/Zip: ___________ Country: ___________
Email: ________________________________

**GIVE THE QUARTERLY AS A GIFT!**

Recipient’s Name: ___________________________
Address: __________________________________________
City: ___________________________ Tel: __________________
State/Province: ___________ Postal/Zip: ___________ Country: ___________

JOIN THE IPPF DURING THE ANNUAL MEETING

International Pemphigus & Pemphigoid Foundation

AT THE BEAUTIFUL SHERATON SOCIETY HILL HOTEL!
NAME: __________________________________________ AGE: ______________________

ADDRESS: ________________________________________________________________________________

CITY: ______________________________________ STATE: __________________ POSTAL CODE: __________

COUNTRY: __________________________________________________________

PHONE: ___________________________________________________________________________________

EMAIL: ___________________________________________________________________________________

DISEASE: □ PV □ PF □ PNP □ BP □ CP □ MMP/OCP □ NONE

BADGE INFORMATION:

NAME (If different than above): ________________________________________________________________

CITY/STATE (If blank we will use the information from above): ______________________________________

OPTIONAL - AFFILIATION (University or organization): _____________________________________________

Please list names of other guests who are attending as you want them to appear on their name badge:

Name: __________________________________________ City/State: __________________ Special assistance? □

Name: __________________________________________ City/State: __________________ Special assistance? □

Name: __________________________________________ City/State: __________________ Special assistance? □

*All registrations include lunch on Saturday and must be received by the IPPF no later than APRIL 23, 2010.

<table>
<thead>
<tr>
<th>ITEM</th>
<th>QUANTITY</th>
<th>ITEM COST</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>REGISTRATION (Postmarked ON/AFTER 2/20/2010)</td>
<td>______</td>
<td>x $175 USD</td>
<td>$</td>
</tr>
<tr>
<td>TAX-FREE DONATION TO FURTHER SUPPORT OUR EFFORTS</td>
<td></td>
<td></td>
<td>$</td>
</tr>
<tr>
<td>MEETING SCHOLARSHIP DONATION (help someone in need attend this year’s meeting)</td>
<td></td>
<td></td>
<td>$</td>
</tr>
</tbody>
</table>

☐ I request scholarship assistance. Please call me and accept this partial payment to help defray costs. TOTAL DUE $

Check ☐ Money Order ☐ Visa ☐ Master Card ☐

Card # __________ - __________ - __________ - __________ Expiration Date: _____ / _____ Postal Code: __________

Name on Card __________________________________________

Signature __________________________________________

Please make my tax-free donation in HONOR / MEMORY of ____________________________ (circle one)

☐ Please notify them at the following address:

ADDRESS __________________________________________

CITY __________________________ STATE __________________

POSTAL CODE _________________ COUNTRY __________________

ALL PAYMENTS MUST BE MADE IN US CURRENCY AND MUST ACCOMPANY THIS FORM.

Send payment in full to:

IPPF 2010 Annual Meeting
2701 Cottage Way #16
Sacramento CA 95825

or fax to (916) 922-1458
Donate online or download a mail-in form at www.pemphigus.org/donate

Join us for a weekend full of education, enlightenment, and entertainment.

APRIL 30 - MAY 2, 2010
SHERATON SOCIETY HILL HOTEL
PHILADELPHIA, PA
www.pemphigus.org/2010am